Cavendish Church of England Primary School

Cavendish Church of England Primary School The Green Cavendish Sudbury Suffolk CO10 8BA

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22nd October 2020

Dear Parents and Carers,

Forest School sessions - Year 6 Autumn Term 2020

We are very excited to let you know that Year 6 children will start their Forest School sessions the first week after half term **Tuesday 3rd November** and these will continue every Tuesday until **8th December 2020**.

Forest School is a wonderful opportunity for children to learn in the natural environment over a prolonged period of time. It aims to promote the holistic development of all those involved fostering resilient, confident, independent and creative learners. The activities will be varied and will depend on the children's interests but may include sensory games, field studies, bush craft, woodland crafts, conservation, teambuilding, camp fires and cooking. The activities will also, where possible, support the children's current curriculum topic. The sessions will be planned and led by myself and Mrs Lewis. We are both qualified Forest School Leaders (Level 3).

Covid-19 assessment:

As Forest School takes place outdoors, and with children from the same bubble, we are able to offer this provision. Sessions are weekly and so materials and equipment meet the requirement of being more than 72 hours between use.

Please ensure the school office has an up to date record of allergies (food, insect or any other) and/or prohibited foods.

As the great explorer Sir Ranulph Fiennes said, 'there is no such thing as bad weather, just inappropriate clothing'. Forest School sessions will occur in all weathers; the only exception to this will be if it is dangerous outside, for example during a thunderstorm. In order for each child to fully participate they will need to bring suitable clothes to change into for their sessions that can get wet and muddy and that keep them warm/cool. As part of Covid-19 adjustments, children should wear their Forest School clothes **all day long** on Tuesdays. Unfortunately, any child who does not come into school wearing their Forest School clothes will be unable to attend that week's session as we are unable to provide shared clothing which is worn against the skin and so requires washing at this time.

Every Tuesday they will need :

- <u>a long</u> sleeved top and second layer eg fleece
- full length trousers
- wellington boots/suitable closed waterproof footwear (please check these still fit after the summer holidays)
- spare socks
- sunhat

As the weather turns colder, or if your child does feel the cold, layers of clothes will really help them to stay warm, for example vest, second long sleeve top and thick socks in wellies. The school will provide waterproof coats and waterproof trousers when needed.



Challenge, Creativity, Compassion: Create a pure heart in me – Psalm 51:10



As the warm weather is still with us we have attached information about ticks and Lyme disease from <u>www.lymediseaseaction.org.uk</u>. Please read this carefully, keep it for reference and as a precaution we recommend you check your child on Tuesday evenings. If in the rare event a tick is found on your child in school time we will contact you.

If you have any questions please do not hesitate to contact the school office and I will return your call.

Yours sincerely

Cheryl Wass Forest School Leader Alison Lewis Forest School Leader



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