



Friday 3rd November 2023

Cavendish School Prayer

Dear Lord

*We thank you for our school and everything in it
The equipment the grounds and the friendly faces
We give thanks for all the people who help us to learn
Help us to live our lives, as you have taught us
To respect our friends and family
And to care for your world
Amen*

We hope that you have all remained safe and well during the recent bad weather. We will be looking forward to welcoming the children back to school on Monday.

A slightly shorter newsletter than normal, but we wanted to share how we spent Wednesday this week in "All About Me day"

All About Me day

On Wednesday we had an off timetable All About Me day. One of our school priorities this year is to focus on having a growth mindset attitude in the classrooms. A growth mindset means having a positive attitude and believing in yourself. We had lots of different activities which introduced different growth mindset strategies to the children and an opportunity for children to reflect how they learn best and what their best tools to help them when facing problems. It was a really positive day at school and children were superbly reflective.

Mrs Santinelli shared her feedback from the day. About Me day was a huge success. I really enjoyed delivering a session where we all became a Yeti using and learning about the Power of Yet. We talked about and did activities around how to use the word yet to motivate us when we find things tricky. All the children took away a bookmark with phrases to remind them that they are a Yeti.

In the afternoon all the classes read growth mindset stories and the positive and motivational talk from the children during the day was really inspiring.

Miss Reid also worked with all children in the school and is proud to share that Neptune class showed amazing compassion as they found out about teenagers who had overcome huge adversity in their lives. Saturn gave heart-warming positivity statements that would help others to be resilient in life. Jupiter showed incredible understanding about the power of perseverance to help themselves and others to achieve their personal goals. Mars showed great friendship and empathy about sharing and the importance of kind words.

Miss Reid thoroughly enjoyed her time working with every child in Cavendish - they are a credit to themselves, their school and their family.

The children have also shared some reviews from this off timetable day. Spencer "I really enjoyed the quiz about myself. I realised how much I liked and disliked about things I've not given much thought too"

Leo wrote "my favourite landscape is a place of wonder, I love the nature and I love doing outside stuff, I also love to be in nature, it makes me feel nice and calm, with the birds singing and the trees blowing in the breeze.

Spiritual Development – 2Spiritual

Children have many opportunities throughout the school day. As well as reflecting on learning within lesson time, children attend Collective Worship each day and we start lunchtime with an invitational prayer of thanks. This week we have introduced a new 2 minute session of quiet reflection, called 2Spiritual. Our Forest School feedback shows how much children value the opportunity for quiet reflection and how calming observing the world around us can be. 2Spiritual is a non religious moment to enjoy silence and inspiration through a range of supports. All adults in the school are attending the sessions as a little nourishment for wellbeing benefits us all. Even our visitor from the Diocese joined Saturn class! Experiences this week have included watching a kite flying in the wind, trying different yoga postures and observing nature through time lapse photography. For your own pause moment here is the first verse of the poem I saw carved on a gravestone which started the idea, and emphasises how importance silence is for creativity and genius.

Long-Legged Fly

W.B. Yeats

That civilisation may not sink,
Its great battle lost,
Quiet the dog, tether the pony
To a distant post.
Our master Caesar is in the tent
Where the maps are spread,
His eyes fixed upon nothing,
A hand upon his head.

*Like a long-legged fly upon the stream
His mind moves upon silence.*

Cavendish Firework Display

We have been advised that the Cavendish Firework display has been cancelled this weekend and will now take place on 11th November. We hope you are able to enjoy this popular annual event.

School Council – Charity Fundraiser – Royal British Legion Poppy Fund



As in previous years the school is delighted to support his charity. We will be selling items from 2nd November. As with previous years the faith council will produce a list of items and suggested donations, these can be purchased from the classroom.

Band Camp Club - (Cavendish School of Rock)



We are delighted with the interest for Band Camp Club, this will run of a Friday and commence on **Friday 10th November**. All parents that have requested a spot for their child should have received contact details for Mr Potter to confirm and pay for the next half term. If you have any questions please contact Miss Jackson in the school office



Dates for your diary

- 8th November- Flu vaccinations (consent forms have been sent via parent mail)
- 10th November – Remembrance service 10.45am at the War Memorial
- 13th November - Diwali
- 17th November – Children in Need fundraising day
- 21st November – Neptune Class Duxford Trip
- 27th November – Jupiter Class Colchester Zoo
- 1st December - Christingle Church service 2pm all welcome
- 6th December - KS1 Nativity to Parents (in the morning, exact time and further details to come)
- 10th-17th December – Cavendish Christmas Tree Festival
- 18th December - PTFA All School Christmas Disco 5pm-7pm.
- 20th December - End of term Nine Lessons and Carol Church Service 1.15pm

School Term and Holiday dates 2023/2024

Autumn Term

- PD Days Monday 4th and 5th September
- Children Start Wednesday 6th September
- Half term Monday 23 October to Friday 27 October
- Last day Wednesday 20th December

Spring Term

- PD Day Wednesday 3rd January
- Children Start Thursday 4th January
- Half term Monday 19 to Friday 23 February
- Last day Thursday 28 March

Summer Term

- PD Day Friday 12 April
- Children Start Monday 15 April
- Bank Holiday Monday 6 May
- PD Day Friday 24 May
- Half term Monday 27 May to Friday 2 June
- Last day Friday 19 July