

Prayer of the week - by Sam

Dear God, Please support us with all our worries and fears. We pray for you to help us with our problems and all that worries us the most. Amen

Headteacher Awards

Headteacher awards this week were given to Molly - Mars Class; Barnaby – Jupiter Class; Myla – Saturn Class; Daniel - Neptune Class.

Mental Health Day

With mental health issues currently a concern as we adjust to restrictions in the way we live, the children have explored different relaxation techniques to mark Mental Health Day on Saturday 10th October. A child-wise research project by Mindlab International at the University of Sussex found that just six minutes of reading a day can reduce stress levels by 68%. Dr Lewis who conducted the test said 'losing yourself in a book is the ultimate relaxtion'.

Mrs Clarke writes : Today the entire school has celebrated Mental Health Day. The 10th October is a day for the whole world to focus on the importance of mental health. It will be especially significant given the changes that have been happening recently. The children had the opportunity to experience activities that support their mental health; these included shared reading, drawing and creativity, and physical movement. These activities were selected by children on the Wellbeing and Sports Council from Saturn Class.

Parent Consultations

Thank you to those families who have returned their Parent Consultation request slips. We will be confirming time slots and your child will bring home your confirmed time. The school will telephone you for the consultation and, once again, can we ask families to be mindful of the need to ensure that all calls can take place at their allocated time.

Neptune Class – Wednesday, 14th October Jupiter Class – Friday, 16th October Mars Class – Wednesday, 21st October Saturn Class – Friday, 23rd October

The Lord Lieutenant's Special Certificate of Merit

We are pleased to share with you that the school has received The Lord Lieutenant of Suffolk Award "In Recognition of Outstanding Service to the Community in Suffolk during the Covid-19 Pandemic." Thank you for all your support.

NHS Flu Immunisation – 9th December

Parent Information sheets for the Annual Childhood Flu Immunisation Programme have been sent home. You will see that the closing date for the link to consent or decline is **Saturday 10th October**. If for any reason you have not received this information, please contact the school office for another copy.

+Pay

On Friday 16th October we are hoping to 'go live' with the new online +Pay payment service. You may receive a verification link by email in order to register your account, so please look out for this. Further information can be found at <u>http://www.parentmail.co.uk/</u>

School visits for Reception Class 2021 entry

We are able to accommodate requests for families to visit our school on an after school basis to support the school risk assessment for Covid-19 and social distancing. Please note that visits must be booked in advance via the school office.

Counterfeit £5 notes

We would ask all families to be vigilant regarding any cash payments they may receive or make. The school has been advised that there are counterfeit £5 notes in circulation, some of which have been received in school.

Mars Class – We have been doing RM Maths and lots of playing. Today is Fresh Air Friday. – Ethan

Jupiter Class – We've been learning about animals in Science. We grouped our animals. I grouped my animals into bouncing and no bouncing. The kangaroo and the bunny bounced. - IvyMay

Saturn Class – Yesterday we did a very fun Science experiment. It was about the formation of soil. We had to look, smell and feel it (some of us had a worm!). After that Mrs Clarke poured the soil. This is what the Year 4s did in our learning. This Science lesson was fun! – Keaton

Neptune Class – This week we have been learning to times 2 digit numbers by 2 digit numbers. We have also been learning about the coal mines and how Victorian children used to risk their lives working in the mills and in the underground mines for other people to have coal and clothes. I found this topic truly interesting. – Ellie

Government Advice

We have been asked to signpost parents to updated information:

https://www.gov.uk/government/publications/guidance-to-parents-and-guardians-when-you-should-book-acoronavirus-test-for-your-

child?utm_source=25%20September%202020%20C19&utm_medium=Daily%20Email%20C19&utm_camp aign=DfE%20C19



Cavendish Church of England Primary School

School Term and Holiday dates 2020/2021

Autumn Term

PD Day	Tuesday 1 and Wednesday 2 September
Children Start	Thursday 3 September
Half term	Monday 26 October to Friday 30 October
Last day	Thursday 17 December
PD Day	Friday 18 December

Spring Term

PD Day	Monday 4 January
Children Start	Tuesday 5 January
Half term	Monday 15 February to Friday 19 February
Last day	Friday 26 March

Summer Term

Monday 12 April
Tuesday 13 April
Monday 31 May to Friday 4 June
Tuesday 20 July