

Cavendish Church of England Primary School
 Challenge, Creativity, Compassion: Create a pure heart in me - Psalm 51:10



Long Term Planning
PSHE

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
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| PSHE Unit | My role & rights in our community Anti-bullying policy inclusion Named adult Making a positive contribution Tolerance & diversity | Democracy & Rule of Law Democratic process Structure & composition of constitutional monarchy How laws are made Appropriate ways to protest | Staying Safe Safety online Road safety Stranger danger Medicines and drugs Water safety | Relationships and growth Inclusion Diversity Sexual health Relationships FGM/ grooming Identity Blended families Pants are Private | Wellbeing & mental health Healthy eating Impact of physical exercise Relaxation techniques Mental health Emotional wellbeing | British Values & Inclusion Extremism Radicalisation Tolerance of faiths and cultures Inclusion Diversity Composition of British Society Challenging prejudice |
| National event | | Guy Fawkes & British democracy - November International Human Rights November Anti bullying week | World Religion Day January e-safety day February | International women's day March | Walk to school week May | Trooping of the Colour Coronation |

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| | | November | | | | |
| Children's consultation | Council elections School, Eco. Faith, Wellbeing House Captains Named adult | | e-safety survey | Anonymous question box for sexual health & relationships questions | Forest School/ SIAMS spirituality survey | |
| British Value | Tolerance, Law | Democracy, Law | Individual liberty | Mutual respect | responsibility | tolerance |
| Resources | School rules School prayer Anti-bullying policy How each council contributes | Parliament materials UNICEF rights of the child | CEOP Thinkuknow Road safety BRAKE School nursing team | Living & growing DVD NSPCC Suffolk LSCB | Childhood obesity report Relaxation techniques Tai Chi School nursing team | Sacre Prevent materials Stonewall |
| Charity events | harvest | Children in Need Remembrance Operation Christmas Child | | Comic relief/Sport relief World Book Day | | Giant Walk British Heart Foundation - Jump rope for heart |