

Cavendish Church of England Primary School

Cavendish Church of England Primary School
The Green Cavendish
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17th June 2025

Dear Parents/Carers,

As part of our Personal, Social, Health and Economic (PSHE) education curriculum, we will soon be delivering a unit titled 'Healthy and Safer Lifestyles: Relationships and Sex Education' with children in Years 1 and 2.

This unit is part of our school's approach to delivering statutory Relationships and Health Education as outlined by the Department for Education. The lessons will help children learn about their bodies, how to take care of themselves, and how to stay healthy and safe. Topics will include:

- Recognising and naming the main external parts of the body
- Understanding how amazing and capable our bodies are
- Discussing personal hygiene routines and preventing illness
- Learning about private body parts and respecting personal space
- Understanding that their body belongs to them and they have a right to feel safe

We understand that some of these topics may be sensitive, and we want to assure you that they will be delivered in a way that is age-appropriate, inclusive, and respectful of different family backgrounds and beliefs.

We warmly invite you to attend a Parent/Carer Drop-In Session on Thursday 20th June at 14:45 pm in Robin's Classroom.

This will be an opportunity for you to:

- Preview the lesson content
- Ask any questions you may have
- Discuss any aspects of the unit in more detail with teaching staff

If you are unable to attend but would like to speak with a member of staff, please feel free to get in touch.

We are committed to working in partnership with our families and thank you for your continued support.

Kind regards,

Mrs Jane Collett
Class Teacher



We learn, we love, we belong - Create a clean heart in me – Psalm 51:10