

eats

SPRING/SUMMER 2023



MAIN

WEEK 1

MONDAY

Cheese & Tomato Pizza
with Potato Wedges &
Seasonal Vegetables
G; E; MI; S

VEGETARIAN

Garden Vegetable Goujons
with Potato Wedges &
Seasonal Vegetables

GF/Dairy Free Main

Cheese & Tomato Pizza
with Potato Wedges &
Seasonal Vegetables

DESSERT

Vanilla Crunch & Custard
G; E



Pack Lunch

Tortilla Chips
Veggie Sticks
Fruit Wedge
Dessert of the Day

Allergen key: May Contain in () Peanuts (P)	Crustaceans (Crustacean) (C)	Molluscs (Shellfish) (MO)	Eggs (E)	Fish (F)	Milk (MI)	Cereals containing Gluten (G)	Soya (S)	Sesame seeds (SS)	Celery (CE)	Lupin (L)	Mustard (MU)	Sulphur Dioxide (SD)

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TUESDAY

Beef Meatballs in a Rich
Tomato Sauce with 50/50
Penne Pasta &
Garlic Bread
G; SD; S

Vegetable Pasta Bake with
Garlic Bread
G; S; MI

Beef Meatballs in a Rich
Tomato Sauce with 50/50
Penne Pasta &
Garlic Bread
S; SD

Strawberry Mousse &
Baked Cookie
G; E; MI

Tuna Mayo Wrap G; E; F
Cheese Wrap M; E; G
Ham Wrap G

Cheese Swirls M; E; G
Veggie Sticks
Fruit Wedge
Dessert of the Day

WEDNESDAY

Mild Chicken Curry with
50/50 Rice & Naan
G; MI

Quorn Curry & 50/50 Rice
& Naan
G; MI; E

Quorn Curry & 50/50 Rice
& Seasonal Vegetables

Mandarin Orange Jelly &
Ice-Cream
MI

Tuna Mayo Roll G; E; F
Cheese Roll M; G
Ham Roll G

Tortilla Chips
Veggie Sticks
Fruit Wedge
Dessert of the Day

THURSDAY

Roast Pork with
Yorkshire Pudding, Seasonal
Vegetables & Gravy
G; E; MI

Roast Quorn with
Yorkshire Pudding,
Seasonal Vegetables &
Gravy
G; E; MI

Roast Pork with
Yorkshire Pudding,
Seasonal Vegetables
& Gravy

Chocolate Crunch & Custard
G; E

Tuna Mayo Roll G; E; F
Cheese Roll M; G
Ham Roll G

Tortilla Chips
Veggie Sticks
Fruit Wedge
Dessert of the Day

FRIDAY

Battered Fish Fillet & Chips
with Baked Beans & Peas
G; F; MU

Vegetarian Sausages
& Chips with Baked Beans
or Peas
G; CE

GF Breaded Fish Fingers
& Chips with Baked Beans
& Peas
F

Pips Organic Lolly

Tuna Mayo Roll G; E; F
Cheese Roll M; G
Ham Roll G

Tortilla Chips
Veggie Sticks
Fruit Wedge
Dessert of the Day

SATURDAY

Roast Pork with
Yorkshire Pudding, Seasonal
Vegetables & Gravy
G; E; MI

Roast Quorn with
Yorkshire Pudding,
Seasonal Vegetables &
Gravy
G; E; MI

Roast Pork with
Yorkshire Pudding,
Seasonal Vegetables
& Gravy

Chocolate Crunch & Custard
G; E

Tuna Mayo Roll G; E; F
Cheese Roll M; G
Ham Roll G

Tortilla Chips
Veggie Sticks
Fruit Wedge
Dessert of the Day

SUNDAY

Battered Fish Fillet & Chips
with Baked Beans & Peas
G; F; MU

Vegetarian Sausages
& Chips with Baked Beans
or Peas
G; CE

GF Breaded Fish Fingers
& Chips with Baked Beans
& Peas
F

Pips Organic Lolly

Tuna Mayo Roll G; E; F
Cheese Roll M; G
Ham Roll G

Tortilla Chips
Veggie Sticks
Fruit Wedge
Dessert of the Day

GF/Dairy Free dessert options available. Freshly Baked Bread and Salad Options Available Daily
Available everyday: Jacket Potatoes with a choice of toppings, Cheese M, Tuna Mayo F; M; E or Baked Beans with Salad Garnish.

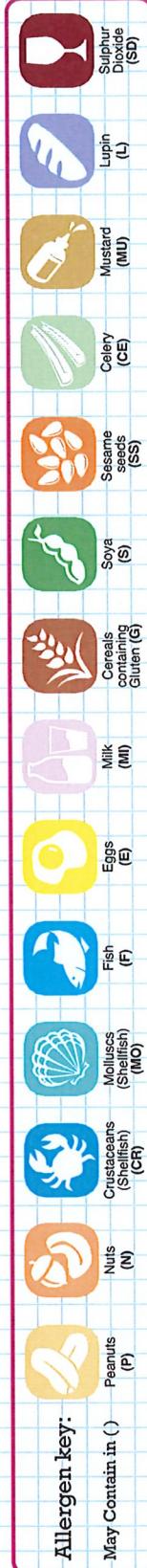
at's



SPRING / SUMMER 2023

24th April, 15th May, 12th June,
3rd July, 4th September,
25th September, 16th October

Menu



JACKET POTATO

GF/Dairy Free dessert options available. Freshly Baked Bread and Salad Options Available Daily
Jacket Potatoes with a choice of toppings, Cheese M, Tuna Mayo F, M, E or Baked Beans with Salad Garnish.



eats.

SPRING/SUMMER 2023



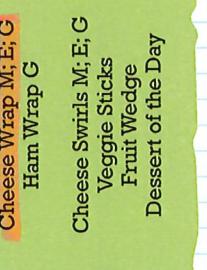
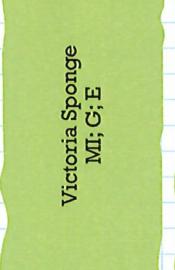
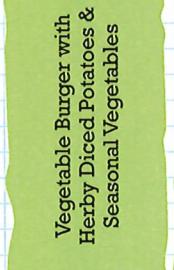
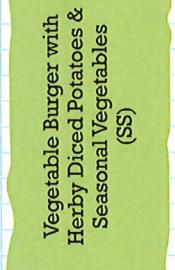
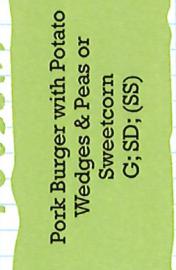
MAIN



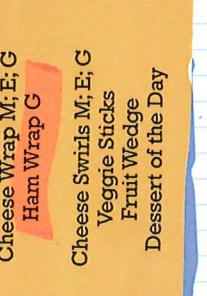
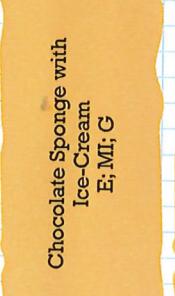
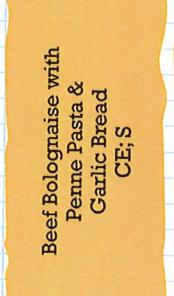
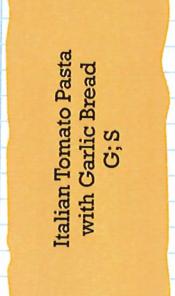
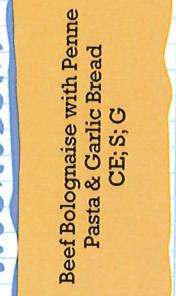
MONDAY



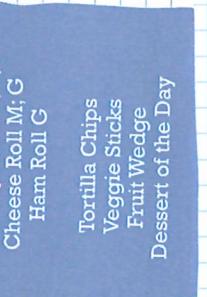
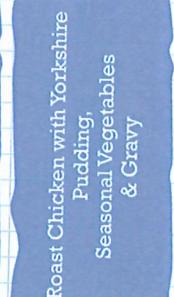
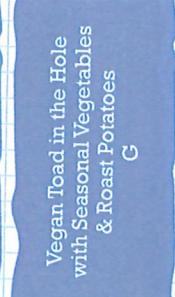
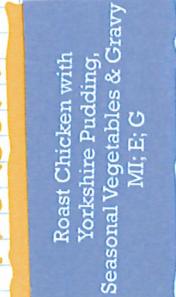
TUESDAY



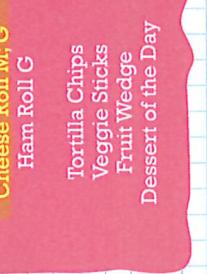
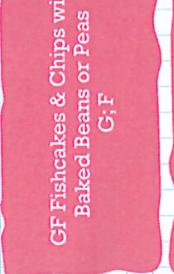
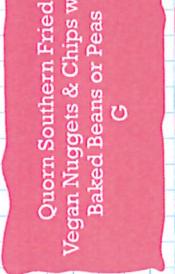
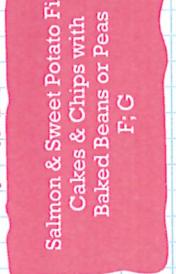
WEDNESDAY



THURSDAY



FRIDAY



Tortilla Chips
Veggie Sticks
Fruit Wedge
Dessert of the Day

1st May, 22nd May,
19th June, 3rd July,
11th September, 2nd October

Allergen key:	
May Contain in ()	
Peanuts (P)	
Nuts (N)	
Crustaceans (Shrimp) (C)	
Molluscs (Squidfish) (M)	
Eggs (E)	
Fish (F)	
Milk (MI)	
Cereals containing Gluten (G)	
Soya (S)	
Sesame seeds (SS)	
Celery (CE)	
Lupin (L)	
Sulphur Dioxide (SD)	

GF/Dairy Free dessert options available. Freshly Baked Bread and Salad Options Available Daily
Available everyday: Jacket Potatoes with a choice of toppings, Cheese M, Tuna Mayo F; M; E or Baked Beans with Salad Garnish.

JACKET POTATO